



HORNELL YMCA

RUN FOR THE SHAMROCK 5K RUN AND WALK

MARCH 17, 2012

Start times- Fun Run 9:00, Runners & Walkers 9:30am

- **Timing by YellowJacket Racing**
- Registration from 8:00-9:30 at the Hornell YMCA
- Entry fee-Before 3/17/2012 \$18.00, Day of Race- \$23.00
- Preferred registration: Active.com
- Mail Entry to: Hornell YMCA, 18 Center St, Hornell NY 14843- Attn: Dan Galatio

* Divisions Men's and Women's

Walk- 14-under, 15-29, 30-49 and 50-up

Run- 14-under, 15-17, 18-29, 30-39, 40-49, 50-59, 60-up.

* Awards presented to the top three finishers in each division. In the YMCA gym after the race

** **Shirts to the first 350 registered participants**

AROUND THE BLOCK FUN RUN- For kids 10& under. All participants will receive a participation ribbon. (No shirt) \$5.00 entry fee

COURSE ROUTE:

Course certified by USA/Track & Field/Road Running Technical Council NY04051AM

The race will start in front of the YMCA on Center Street. Take Center St to Elm St, turn left on Elm. Take Elm to Pardee St., turn left on Pardee. Take Pardee to Main St., turn left on Main. Take Main to Church St., turn right on Church. Take Church to Bennett St., turn right on Bennett. Take Bennett to Dennis Ave., turn right on Dennis Ave. Take Dennis Ave. to E. Main St. bare left on E. Main; take E. Main to River St. Turn Right on River St.continue to Loder St. Take Loder to Center St., turn right on Center St. and proceed to the finish line in front of the YMCA.

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Mail entry form to-Hornell YMCA 18 Center St. Hornell NY 14843 Attn: Dan Galatio

Registration and Liability Form

Name _____ Male/Female birthdate _____ Age ____ Run/Walk

Division: (circle one) Walk-14-under, 15-29, 30-49 and 50-up Shirt Size S, M, L, XL, XXL

Run 14-under, 15-17, 18-29, 30-39.40-49, 50-59, 60-up, Fun Run 10 & under.

Address _____ e-mail _____

City _____ State _____ Zip _____

➤ Race participants take responsibility to return timing CHIPS at the completion of the race or face the penalty

WAIVER: In consideration of acceptance of the entry, I, the undersigned, for myself, my heirs, executors, and assigns, do hereby waive and release any and all rights and claims for damages and injuries which I may have against the Hornell YMCA, City of Hornell, YMCA Board of Directors, Trustees, and all other persons entities involved In the event. I attest and verify that I am physically and mentally able to participate in and properly train for this event. Entrants under 18 years of age must have must have entry form signed by parent or guardian.

Signature

Signature of Parent/ Guardian (if under 18)
